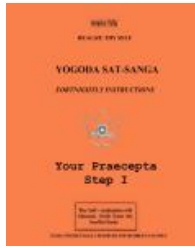


Yogananda's "Your Praecepta" and Commentary by Castellano-Hoyt



Your Praecepta:
Step I
By Swami
Yogananda



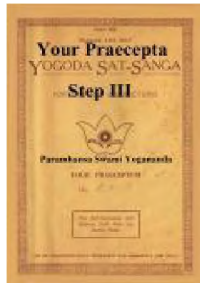
Your Praecepta:
Step VI
By Paramhansa
Swami Yogananda



Your Praecepta,
Step II
By Paramhansa
Yogananda



Your Praecepta: VII
By Paramhansa Yogananda

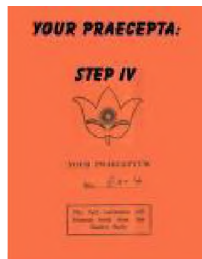


Your Praecepta:
Step III
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The Seventh Life:
What I Learned Editing,
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Your Praecepta:
Step IV
By Paramhansa
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Castellano-Hoyt's commentary is also available
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Your Praecepta: Step V
By Paramhansa
Yogananda



Praeceptum 181: With
Earlier Equivalents of
Praecepta 21 and 29
By Paramhansa Yogananda